



COMMUNITIES FOR CHILDREN

Murraylands

LOCAL LINKS

A directory of services for families in The Rural City of
Murray Bridge, Mid Murray and The Coorong regions

Communities for Children Murraylands is facilitated by ac.care, delivered by our Community Partners and funded by the Australian Federal Government Department of Social Services

Contents

COMMUNITY

Activities & Sports	3-6
Aboriginal Services.....	7-8
Places of Worship.....	9-10
Local Councils & Members of Parliament	11
Parks and Playgrounds.....	12-13
Playgroups	14
Transport	15
Multicultural Services.....	16

EDUCATION

Childcare Centres.....	17
Kindergartens	18
Libraries.....	19
Primary schools.....	20
Secondary schools.....	21

HEALTH AND WELLBEING

Dental Services.....	22
Emergency Numbers	23
Medical Health	24-25

SUPPORT SERVICES

Counseling Services	26
Disability Services.....	27-28
Child Nutrition & Parenting Support	29
Pregnancy Support.....	30
Family Support.....	31-34
Other services	35

ABOUT US

Communities for Children Murraylands.....	36-39
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Activities and sport

LOCAL ASSOCIATIONS & LEAGUES

Lower Murray Hard Court Tennis Association
www.tennis.com.au/lmhcta

Murray Bridge Basketball Association.....08 8531 0755
Find them on Facebook 'Murray Bridge Basketball Association'

Murray Bridge Lawn Tennis Association...08 8532 4338
www.tennis.com.au/mblawntennis

Murray Bridge Netball Association08 8532 5079
Find them on Facebook 'Murray Bridge Netball Association'

Murray Towns Cricket Association.....0408 463 139
www.mtca.sa.cricket.com.au

River Murray Football League 0429 399 782
www.rmfl.com.au

River Murray Netball Association.....0447 267 324
Find them on Facebook 'River Murray Netball Association'

CALLINGTON

Bremer Callington Cricket Club
Find them on Facebook 'Bremer Callington Cricket Club Inc'

Bridgewater Callington Raiders Football Club
Phone.....0400 283 670
www.bridgewatercallingtonraiders.com

Callington Recreation Centre.....0419 735 001
www.callingtonrecreationcommunitycentre.com.au

JERVOIS

Jervois Bowling Club.....08 8572 3022

Jervois Cricket Club.....0400 048 968
Find them on Facebook 'Jervois Cricket Club'

Jervois Football Club.....0427 807 731
Find them on Facebook 'Jervois Bluds Football Club'

Jervois Netball Club
Jervois Tennis Club.....0438 318 327
Find them on Facebook 'Jervois Bluds Netball Club'

MANNUM

Aqua Safe Swim School.....0419 503 874

Mannum Bowling Club.....08 8569 1499
Find them on Facebook 'Mannum Bowling Club'

Mannum Cricket Club.....0438 814 827
Find them on Facebook 'Mannum Cricket Club'

Mannum Community Hub08 8569 1832

Mannum Dance.....0417 811 562
Find them on Facebook 'Mannum Dance'

Mannum Football Club.....08 8569 1811
Find them on Facebook 'Mannum Football Club'

Mannum Golf Club.....08 8569 2066
www.mannumgolfclub.com.au



Activities and sport

Mannum Kindergym (0-5).....0400 152 604
Find them on Facebook 'Mannum Mini Movers Kindergym'

Mannum Leisure Centre08 8569 0185
For various sporting activities including basketball and netball
Mannum Little Athletics
Find them on Facebook 'Mannum Little Athletics'

Murray Mallee Field Archers0427 794 226
Mannum Netball Club
Find them on Facebook 'Mannum Roos Netball Club'

Mannum Rowing Club.....0417 803 707
Find them on Facebook 'Mannum Rowing Club'
Mannum Soccer Club (Juniors Only)
www.ahjsa.asn.au/clubs/mannum.html

Mannum Tennis Club
Find them on Facebook 'Mannum Tennis Club'

National Karate..... 0437 523 913

MURRAY BRIDGE

Bridge Bowl Ten Pin Bowling08 8531 0022

DanceSA 08 8345 1677
www.dancesa.com.au/murray-bridge

Go Kart Club of SA
www.gokartingclubofsa.com.au

Murray Bridge and District Table Tennis Association
Phone.....0409 324 450
www.murraybridgetabletennis.org

Murray Bridge Bowling Club.....08 8532 1312
www.murraybridgeawnbowls.com.au

Murray Bridge Calisthenics Club
Find them on Facebook 'Murray Bridge Calisthenics Club'

Murray Bridge Cods Swimming Club
<https://murraybridgecods.swimmingclub.org.au>

Murray Bridge Swimming Centre 08 8532 2924

Murray Bridge Community Centre08 8531 1799
www.murraybridgecommunitycentre.com.au

Murray Bridge Community Concert Band
www.mbconcertband.org.au

Murray Bridge Darts Club
Find them on Facebook 'Murray Bridge Darts Club Inc'

Murray Bridge Golf Club08 8531 1388
www.murraybridgegolfclub.com.au

Murray Bridge Heated Pool & Spa.....08 8535 6768

Murray Bridge Little Athletics
Find them on Facebook 'Murray Bridge Little Athletics'

Murray Bridge Muay Thai08 8532 6098
Find them on Facebook 'Murray Bridge Muay Thai'



Activities and sport

Murray Bridge Photography Club

Find them on Facebook 'Murray Bridge Photography Club'

Murray Bridge Players & Singers

www.mbplayersandsingers.com.au

Murray Bridge Riding Club.....0438 532 336

Find them on Facebook 'Murray Bridge Riding Club'

Murray Bridge Rowing Club.....0439 685 687

www.murraybridgerowingclub.com.au

Murray Bridge RSL Bowling Club.....0419 858 876

Find them on Facebook 'Murray Bridge RSL Bowling Club'

Murray Bridge Scout Group.....0418 849 565

www.sa.scouts.com.au/murraybridge

Murray Bridge United Soccer Club.....0407 115 257

www.murraybridgeutd.com.au

Murraylands Cycle Speedway.....0419 850 924

Find them on Facebook 'Murraylands Cycle Speedway'

Murraylands Gymnastics Academy.....0466 674 849

Find them on Facebook 'Murraylands Gymnastics Academy'

Murraylands Kindergym (0-5yrs).....0466 674 849

Find them on Facebook 'Murraylands Kindergym'

Riding for the Disabled.....0435 793 314

www.rdaso.org.au/locations/murray-bridge

Shukokai Karate Alliance.....0403 815 089

www.shukokaikaratealliance.com.au

South Coast Motocross Club

www.southcoastmxclub.com.au

The Power Of Dance.....0455 289 198

www.thepowerofdance.com.au

Unlimited Feet Performing Arts.....08 8387 6036

www.unlimitedfeet.com.au

MYPOLONGA

Mypolonga Football Club.....0430 239 928

<https://mypolongafc.com.au>

Mypolonga Netball Club

Find them on Facebook 'Mypolonga Netball League Club'

Mypolonga Cricket Club

Find them on Facebook 'Mypolonga Cricket Club Page'

Mypolonga Combined Sports Club.....08 8535 4114

Find them on Facebook 'Mypolonga Combined Sports Club'

TAILEM BEND

Tailem Bend Bowling Club

Find them on Facebook 'Tailem Bend Bowling Club Inc'

Tailem Bend Cricket Club

Find them on Facebook 'Tailem Bend Cricket Club'

Activities and sport

Tailem Bend Football Club

Find them on Facebook 'Tailem Bend Football Club'

Tailem Bend Netball Club

Find them on Facebook 'Tailem Bend Netball Club'

Tailem Bend Golf Club.....08 8572 4064

Find them on Facebook 'Tailem Bend Golf Club'

Tailem Bend Community Centre.....08 8572 3513

www.tbcc.org.au



If you would like to keep up to date on upcoming programs, events and educational opportunities for children aged between 0 and 12 years, find us on Facebook at **Communities for Children Murraylands**



Aboriginal services

HEALTH SERVICES

Moorundi Aboriginal Community Controlled Health Service Ltd

Phone.....1800 023 846

Murray Bridge

Providing a comprehensive range of primary health care services for Aboriginal people.

13YARN Crisis Support Line

Phone (24hrs).....13 92 76

www.13yarn.org.au

Crisis support line for Aboriginal and Torres Strait Islander people of all ages.

LEGAL SERVICES

Aboriginal Legal Rights Movement

Adelaide.....08 8113 3777

Freecall1800 643 222

www.alrm.org.au

Free legal aid service to Aboriginal people.

SUPPORT SERVICES

Aboriginal Community Connect

Murray Bridge.....08 8202 5660

www.unitingcommunities.org/service/aboriginal-services/aboriginal-community-connect

A one-stop service with a focus on social, emotional and cultural wellbeing for people who want to change their use of alcohol and other drugs.

Aboriginal Family Support Services (AFSS)

Murray Bridge.....08 8532 1790

www.afss.com.au

Ensures that the importance of culture, country and connection for all Aboriginal people is adhered to in relation to child welfare and protection.

Aboriginal Services ac.care

Murray Bridge.....08 8531 4900

www.accare.org.au

ac.care is committed to supporting Aboriginal and Torres Strait Islander people through various available services.

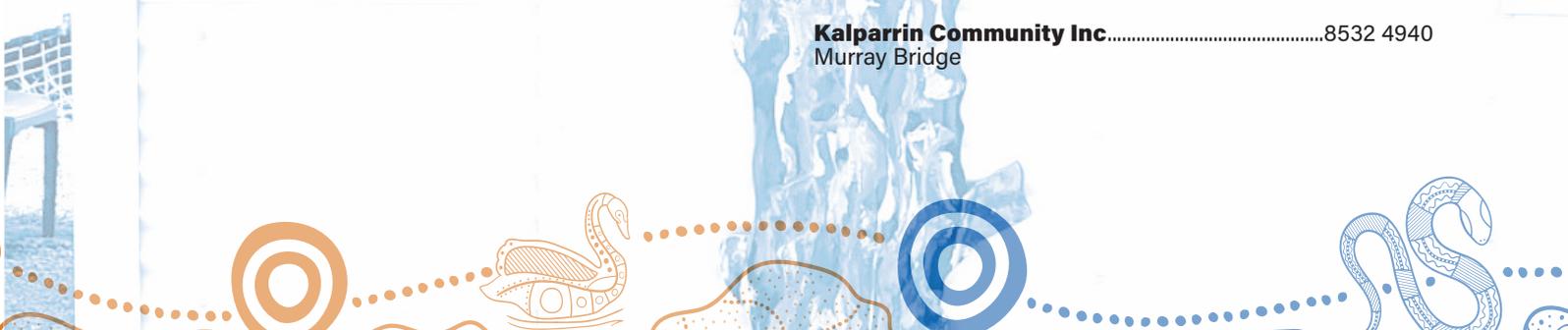
Centrelink Indigenous Call Centre 1800 136 380

www.servicesaustralia.gov.au

A line to call about our payments and services if you're Aboriginal or Torres Strait Islander.

Kalparrin Community Inc.....8532 4940

Murray Bridge



Aboriginal services

SUPPORT SERVICES (cont.)

Mobile Assistance Patrol8223 4204
Mobile Number 0411 474 368

Ngarrindjeri Aboriginal Corporation..... 8513 4838
This corporation acts as agent for the native title rights and interests of the Ngarrindjeri people.

Ngarrindjeri Regional Authority (NREC)
Murray Bridge.....08 8532 9000
www.ngarrindjeri-culture.org
Ngarrindjeri Business Centre

Ngarrindjeri Ruwe Empowered Communities
Murray Bridge..... 08 8532 5763
www.nrec.org.au
Empowered Communities (EC) was formed by prominent Indigenous Leaders from eight regions across Australia with the intention of influencing policy and social reforms in government and communities across Australia.

Ngopamuldi Aboriginal Corporation
Murray Bridge.....08 8531 2070

Raukkan Community Council Inc.
Raukkan..... 08 8574 0153
Find them on Facebook - Raukkan Community Council Inc.

We are all Visitors to this time, this place. We are just passing through. Our purpose here it to observe, to learn, to grow, to love ... and then we return home.

Australian Aboriginal Proverb



Places of Worship

CALLINGTON

St Peters Lutheran Church0415 701 493
Murray Street, Callington

Salem Peace Lutheran Church 0419 865 672
Church Road, Salem

MANNUM

Mannum Community Church0432 141 637
Walker Avenue, Mannum
www.mannumbaptist.org.au

Mannum River Word Christian Centre
Phone.....0402 855 365
Greening Street, Mannum

Mannum Seventh-Day Adventist Church
Phone.....08 8535 4042
King George Street, Mannum

Our Lady of Mt Carmel Catholic Church
Phone.....08 8531 1699
Mau Street, Mannum

St Andrew's Anglican Church..... 0423 924 763
Adelaide Road, Mannum

St Martin's Lutheran Church08 8569 2863
Cliff Street, Mannum

MONARTO

Zion Lutheran Church.....08 8532 6553
Schenscher Road, Monarto
www.cclutheranmb.org.au

TAILEM BEND

St Luke's Anglican Church..... 08 8572 3942
Station Drive, Tailem Bend

Lifepoint Church.....08 8395 0888
Jacob Street, Tailem Bend

St Columbkille's Catholic Church
Phone.....08 8531 1699
Station Drive, Tailem Bend

Trinity Lutheran Church..... 08 8572 3957
Seymour Street, Tailem Bend

MURRAY BRIDGE

Bridge City Christian Church 0400 972 763
Darling Avenue, Murray Bridge
www.bridgecitychurch.com.au

Bridge Evangelical Christian Church
Phone.....08 8532 4084
Thomas Street, Murray Bridge

Christ Church Lutheran.....08 8532 6553
Swanport Road, Murray Bridge
www.cclutheranmb.org.au



Places of Worship

Emmanuel Christian Outreach.....08 8531 3411
Adelaide Road, Murray Bridge
www.emmanuelgroup.org.au

Holy Cross Lutheran..... 08 8532 4577
Florence Street, Murray Bridge
and Holy Cross Murray Bridge Chinese Lutheran Fellowship

Kingdom Hall of Jehovah's Witnesses
Phone..... 0466 364 618
Christian Road, Murray Bridge

Life House Christian Church08 8532 1113
Adelaide Road, Murray Bridge
<https://life.house>

Most Holy Redeemer Catholic Parish
Phone.....08 8531 1699
Ind Street, Murray Bridge

Murray Bridge Church of Christ08 8532 2883
Seventh Street, Murray Bridge
www.mbcocf.org.au

Murray Bridge Islamic Centre0409 283 433
Old Swanport Road, Murray Bridge

Murray Bridge Seventh-Day Adventist Church
Phone.....0403 324 555
Corner Myall & Standen Streets, Murray Bridge

Murray Bridge Uniting Church08 8532 5150
Narooma Boulevard, Murray Bridge

New Life Christian Centre 08 8532 4973
Karoonda Road, Murray Bridge

Salvation Army.....08 8531 1133
Fourth Street, Murray Bridge
www.salvationarmy.org.au/murraybridge/

St John the Baptist Anglican Cathedral
Phone.....08 8531 2280
Mannum Road, Murray Bridge
<https://murray.anglican.org>

The Church of Jesus Christ of Latter-Day Saints
Phone.....0416 234 362
Mitchell Avenue, Murray Bridge

Trinity Evangelical Lutheran Church
Phone.....08 8531 2804
Princes Highway, Murray Bridge East

MURRAYLANE
BAPTIST CHURCH

100-102 The Esplanade
Murray Bridge SA 5223
Phone: 08 8532 1113
www.murraylane.org.au



Local Councils & Members of Parliament

LOCAL COUNCIL OFFICES

Coorong District Council Tailem Bend Head Office

Phone..... 1300 785 277
 Fax..... 08 8572 3822
 Website: www.coorong.sa.gov.au
 Email: council@coorong.sa.gov.au

Mid Murray Council Mannum Head Office

Phone..... 08 8569 0100
 Fax..... 08 8569 1931
 Website: www.mid-murray.sa.gov.au
 Email: postbox@mid-murray.sa.gov.au

Mount Barker District Council Mount Barker Head Office

Phone..... 08 8391 7200
 Fax..... 08 8391 7299
 Website: www.mountbarker.sa.gov.au
 Email: council@mountbarker.sa.gov.au

Rural City of Murray Bridge Murray Bridge Head Office

Phone..... 08 8539 1100
 Fax..... 08 8532 2766
 Website: www.murraybridge.sa.gov.au
 Email: council@murraybridge.sa.gov.au

LOCAL MEMBERS OF PARLIAMENT

Federal Member for Barker Tony Pasin MP

Murray Bridge Office
 Phone..... 08 8531 2466
 Email: tony.pasin.mp@aph.gov.au

Federal Member for Mayo Rebekha Sharkie MP

Mount Barker Office
 Phone..... 08 8398 5566
 Email: rebekha.sharkie.mp@aph.gov.au

State Member for Hammond Adrian Pederick MP JP

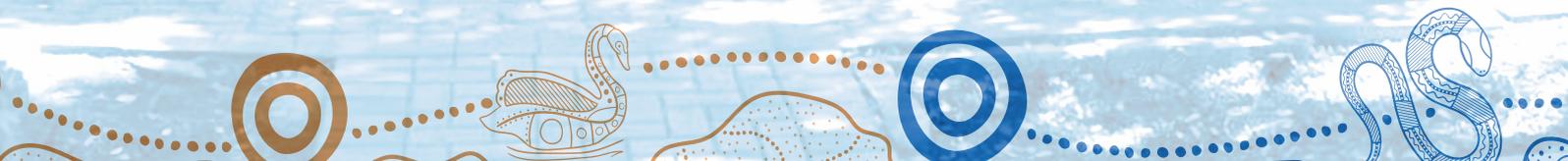
Murray Bridge Office
 Phone..... 08 8531 1676
 Email: hammond@parliament.sa.gov.au

State Member for Kavel Hon Dan Cregan MP

Mount Barker Office
 Phone..... 08 8391 5599
 Email: kavel@parliament.sa.gov.au

State Member for Schubert Ashton Hurn MP

Tanunda Office
 Phone..... 08 8563 3636
 Email: schubert@parliament.sa.gov.au



Parks and playgrounds

OUTDOOR SPACES

CALLINGTON

Callington Recreation Ground, Callington Road
Playground, BBQ facilities, oval, multi-use courts

MANNUM

Mary Ann Reserve, River Lane
Riverfront, fenced playground, BBQ facilities, lawned area, boat ramp, public toilets

Mannum Oval, North Terrace
Fenced playground

MURRAY BRIDGE

Avoca Dell, Murray Drive
Riverfront, playground, BBQ facilities, lawned area, boat ramp, public toilets

Christian Reserve, Recreation Avenue
Playground, netball/tennis courts

Homburg Park, Homburg Drive
Sheltered playground, BBQ facilities, BMX track, public toilets

Long Island Reserve, Long Island Road
Riverfront, playground, BBQ facilities, sheltered seating, boat ramp, public toilets

Maggie Drive Reserve / Plover Park, Owl Drive
Night lit playground, sheltered seating

McNamara Park, McHenry Street
Fenced playground, lawned area

Oak Avenue Reserve, Oak Avenue
Basketball quarter court, playground

Parkview Reserve, Parkview Drive
Playground, BBQ facilities, lawned area, basketball court

Rolland Reserve, Leslie Street
Lawned reserve with double swing and slide

Sturt Reserve, Charles Sturt Drive
Riverfront, fenced playground with disability swing, BBQ facilities, public toilets, skate park, 'rage cage' suitable for basketball, soccer etc. outdoor gym equipment

Thiele Reserve, Thiele Road
Riverfront, playground, BBQ facilities, boat ramp, public toilets

Tim Overall Reserve, Janice Street
Fenced & lawned reserve with play equipment, designated 'DogOff Leash' area

Torrens Road Reserve, Torrens Road
Fenced and lawned reserve with play equipment

White Park, Gladstone Street
Fenced and lawned reserve, designated 'Dog Off Leash' area

TAILEM BEND

Tailem Bend Playground, Railway Terrace
Fenced playground with steam train, BBQ facilities, lawned area, public toilets close by



Parks and playgrounds

OTHER AREAS

Baker Reserve, Wellington
Riverfront, playground, BBQ facilities, boat ramp

Irene Hughes Park, Mypolonga
Fenced reserve with play equipment, basketball hoop, sheltered seating

INDOOR SPACES

Murray Bridge Marketplace Food Court

Little Rockets Play Café08 8591 6111
Chris Collins Court, Murray Bridge

Communities for Children Murraylands

Murray Bridge08 8531 4900
Fine Them on Facebook-Communities for Children
Murraylands
Various supported playgroups offered throughout the
Murraylands.

Concordia Kindergarten08 8532 1840
Florence Street, Murray Bridge
www.concordiakindergarten.sa.edu.au

Kindergym0466 674 849
Murray Bridge
www.facebook.com/murraylandskindergym

Learning Together0423 020 991
Fraser Park Primary School, Murray Bridge
Find Them on Facebook - Learning Together Murray Bridge

Mainly Music

Murray Bridge0421 030 401
Callington0415 701 493
www.mainlymusic.org

Mannum Kindergarten08 8569 1487
Adelaide Road, Mannum
www.preschools.sa.gov.au/mannum-kindergarten

Mini Movers Kindergym
Mannum0400 152 604

Moorundi Playgroup
Murray Bridge1800 023 846
www.moorundi.org.au/events

Mypolonga Primary School08 8535 4191
Williams Street, Mypolonga
www.mypolongaps.sa.edu.au
Playgroup known as Tiny Tigers.

PLAYGROUP@UNITY
Murray Bridge08 8532 0100

Playgroup SA1800 171 882
www.playgroupsa.com.au

Play with a Purpose
Murray Bridge0467 096 402
www.playwithapurpose.com.au
Various play events, see website to register or contact
direct.

St Josephs Primary School08 8534 2000
Murray Bridge
Playgroup known as SPICE.

Tinyeri Children's Centre08 8531 1515
Jarvis Avenue, Murray Bridge
www.preschools.sa.gov.au/tinyeri-childrens-centre
Various playgroups and groups.

Playgroups

Communities for Children Murraylands

Murray Bridge.....08 8531 4900
 Fine Them on Facebook-Communities for Children
 Murraylands
 Various supported playgroups offered throughout the
 Murraylands.

Concordia Kindergarten.....08 8532 1840

Florence Street, Murray Bridge
www.concordiakindergarten.sa.edu.au

Kindergym.....0466 674 849

Murray Bridge
www.facebook.com/murraylandskindergym

Learning Together.....0423 020 991

Fraser Park Primary School, Murray Bridge
 Find Them on Facebook - Learning Together Murray
 Bridge

Mainly Music

Murray Bridge.....0421 030 401
 Callington0415 701 493
www.mainlymusic.org

Mannum Kindergarten.....08 8569 1487

Adelaide Road, Mannum
www.preschools.sa.gov.au/mannum-kindergarten

Mini Movers Kindergym

Mannum0400 152 604

Moorundi Playgroup

Murray Bridge.....1800 023 846
www.moorundi.org.au/events

Mypolonga Primary School.....08 8535 4191

Williams Street, Mypolonga
www.mypolongaps.sa.edu.au
 Playgroup known as Tiny Tigers.

PLAYGROUP@UNITY

Murray Bridge.....08 8532 0100

Playgroup SA.....1800 171 882

www.playgroupsa.com.au

Play with a Purpose

Murray Bridge.....0467 096 402
www.playwithapurpose.com.au
 Various play events, see website to register or contact
 direct.

St Josephs Primary School.....08 8534 2000

Murray Bridge
 Playgroup known as SPICE.

Tinyeri Children's Centre.....08 8531 1515

Jarvis Avenue, Murray Bridge
www.preschools.sa.gov.au/tinyeri-childrens-centre
 Various playgroups and groups.



Transport

Dial-A-Ride

Murray Bridge.....1800 227 576
Service operates Monday-Friday 9am-5pm (excl public holidays), one hour notice for bookings appreciated.

Link SA

Murray Bridge..... 08 8532 2633
www.linksa.com.au
LinkSA operates bus networks, school bus routes, regional dial-a-rides, and tailored private bus charters servicing the Barossa Valley, Murraylands, Victor Harbor and Adelaide.

Mid Murray Community Passenger Network

Red Cross08 8100 4603
www.mid-murray.sa.gov.au/community/transport
Transport for eligible transport-disadvantaged clients for general and medical appointments.

Mid Murray Support Services

Phone..... 08 8569 2129
Transport for service recipients only.

Murray Mallee Community Passenger Network & Medical Bus Service

Tailem Bend..... 08 8572 3513
www.murraymallee.cpn.org.au
Transport for eligible transport-disadvantaged clients for general and medical appointments.

Tailem Bend Community Centre

Phone..... 08 8572 3513
www.tbcc.org.au
Bus available for private or charter hire. Online booking available.

TAXI SERVICES

Mount Barker Taxi Service.....08 8391 1888

Murray Bridge Taxi Service.....08 8531 0555

SA Regional Taxis08 8532 5776

CAPSULE HIRE & CHILD RESTRAINTS

Child Restraint Information

www.sa.gov.au/topics/driving-and-transport/roads-and-traffic/seatbelts-and-child-restraints
South Australian Department of Planning, Transport and Infrastructure's official information.

Adelaide Baby Hire0419 808 536
Located Glenelg North, by appointment only

Kidsafe SA

Phone..... 08 7089 8554
www.kidsafesa.com.au/hire-service/

Maxi-Cosi

Phone.....1300 809 526
www.maxi-cosi.com.au/baby-capsule-hire/

RAA Restraint Advice Line..... 08 8202 4592
Appointment-only child restraint fitting and checking service free for RAA members, at a cost for non-members. Located at RAA Safety Centre, Mile End.



Multicultural Services

Murraylands Migrant Resource Centre (MMRC)

Murray Bridge.....08 8535 5600
www.amrc.org.au

Specialising in humanitarian and migrant settlement, and community capacity building and development for young people, women and other migrants, empowering them through training and employment initiatives.

Legal Helpline (24hrs).....1300 366 424

www.lsc.sa.gov.au

Legal Services Commission (free legal advice).

Migrant Women's Support Program

Phone.....08 8152 9260

www.womenssafety.com.au

A specific service for women of diverse cultural and linguistic backgrounds who are in unsafe relationships.

Multicultural Communities Council of S.A

Phone.....08 8345 5266

www.mccsa.org.au

Support and advocacy for all people from culturally and linguistically diverse (CALD) backgrounds to realise their potential as active contributors to the economic, social and cultural life of South Australia.

Services Australia Multilingual Phone Service

Phone.....131 202

TafeSA Adult Migrant English Program

Phone.....08 8535 6555

www.tafesa.edu.au/courses/education-languages/adult-migrant-english-program

Translating and Interpreting Service

Phone.....131 450

Email..... tis@homeaffairs.gov.au

Every child is a
 different kind
 of flower, and
 altogether make
 this world a
 beautiful garden

Anonymous



Childcare centres

Community Kids08 8531 3299
 Prosser Terrace, Murray Bridge
www.communitykids.com.au/childcare

Kin Kin Early Education.....08 8531 3062
 Adelaide Road, Murray Bridge
www.kin-kin.sa.edu.au

Murray Bridge Community Children's Centre
 West Terrace, Murray Bridge.....08 8532 4094
www.mbccc.com.au

Murray Bridge World of Learning
 Clara Street, Murray Bridge..... 08 8531 1431
www.worldoflearning.com.au

Hills Murraylands Family Day Care
 Murray Bridge..... 08 8532 0766

Family Day Care offers affordable local home based childcare in a safe and nurturing family environment where the personalised care by a qualified educator encourages development of strong, trusting relationships with the educator and other children in their group.

Children learn in different ways - some learn by seeing, some by hearing, some by reading, some by doing. And all children benefit from having a variety of learning experiences

raisingchildren.net.au

Kindergartens

Callington Kindergarten

Callington08 8538 5123
www.preschools.sa.gov.au/callington-kindergarten
Kindergarten & Occasional Care

Concordia Kindergarten

Murray Bridge.....08 8532 1840
www.concordiakindergarten.sa.edu.au
Kindergarten & Playgroup

Fraser Park Child Parent Centre

Murray Bridge.....08 8531 3090
www.preschools.sa.gov.au/fraser-park-child-parent-centre
Kindergarten

Mannum Kindergarten

Mannum08 8569 1487
www.preschools.sa.gov.au/mannum-kindergarten
Kindergarten, Playgroup & Rural Care

Murray Bridge Preschool Kindergarten

Murray Bridge.....08 8532 2758
www.preschools.sa.gov.au/murray-bridge-preschool-kindergarten

Tyndale Early Learning Centre

Murray Bridge.....08 8531 4600
www.mb.tyndale.sa.edu.au/early-learning
Kindergarten & Childcare

Tailem Bend Kindergarten

Tailem Bend.....08 8572 3348
www.preschools.sa.gov.au/tailem-bend-kindergarten
Kindergarten & Rural Care

Tinyeri Children's Centre

Murray Bridge.....08 8531 1515
www.preschools.sa.gov.au/tinyeri-childrens-centre

Justin

Zach



Today a reader,
tomorrow a leader

Margaret Fuller



Libraries

Mannum School Community Library

Walker Avenue, Mannum.....08 8569 2005
https://onecard.network/client/en_AU/midmurray/

Mount Barker Community Library & Toy Library

Dumas Street, Mount Barker08 8393 6400
https://onecard.network/client/en_AU/mtbarker/

Murray Bridge Public Library & Toy Library

Murray Bridge Marketplace.....08 8539 1175
https://onecard.network/client/en_AU/murraybridge

Tailem Bend Primary School Community Library

Murray Street, Tailem Bend.....08 8572 3275
https://onecard.network/client/en_AU/coorong

**The more
that you
read, the
more things
you will know.
The more
that you
learn, the
more places
you'll go**

Dr Seuss



Primary schools

Callington Primary School

Callington08 8538 5046
www.callingtonps.sa.edu.au

Fraser Park Primary School

Murray Bridge.....08 8531 3090
www.fraserpkps.sa.edu.au

Jervois Primary School

Jervois.....08 8572 3279
www.jervoisps.sa.edu.au

Mannum Community College

Mannum08 8569 1503
www.mcc.sa.edu.au

Murray Bridge North School

Murray Bridge.....08 8532 3055
www.mbnorthps.sa.edu.au

Murray Bridge South School

Murray Bridge.....08 8532 2155
www.mbsouthps.sa.edu.au

Murray Bridge Special School

Murray Bridge.....08 8532 5345
www.mbss.sa.edu.au

Mypolonga Primary School

Mypolonga08 8535 4191
www.mypolongaps.sa.edu.au

St Josephs Primary School

Murray Bridge.....08 8532 3734
www.stjomb.catholic.edu.au

Tailem Bend Primary School

Tailem Bend.....08 8572 3266
www.tailembdps.sa.edu.au

Tyndale Christian School

Murray Bridge.....08 8531 4600
www.mb.tyndale.sa.edu.au

Unity College

Murray Bridge.....08 8532 0100
www.unitycollege.sa.edu.au

EDUCATIONAL DEPARTMENTS

Department for Education08 8532 0700

Murray Bridge
www.decd.sa.gov.au



Secondary schools

Cornerstone College

Mount Barker08 8398 6000
www.cornerstone.sa.edu.au

Eastern Fleurieu R-12 School

Strathalbyn08 8536 2455
www.easternfleurieu.sa.edu.au

Murray Bridge High School

Murray Bridge08 8531 9500
www.mbhs.sa.edu.au

Mannum Community College

Mannum08 8569 1503
www.mcc.sa.edu.au

Mount Barker High School

Mount Barker08 8391 1599
www.mtbhs.sa.edu.au

Mount Barker Waldorf School

Mount Barker08 8391 0411
www.mtbarkerwaldorf.sa.edu.au

St Francis de Sales College

Mount Barker08 8393 0100
www.stfrancis.catholic.edu.au

Tyndale Christian School

Murray Bridge08 8531 4600
www.mb.tyndale.sa.edu.au

Unity College

Murray Bridge08 8532 0100
www.unitycollege.sa.edu.au

Authenticity is a collection of choices that we have to make every day. It's about the choice to show up and be real. The choice to be honest. The choice to let our true selves be seen

Brene Brown

Dental Services

MANNUM

Mannum Dental Surgery

Phone.....08 8569 8175
 Randell Street, Mannum
www.mannumdental.com.au

MOUNT BARKER

Adelaide Hills Family Dental

Phone.....08 8391 4100
 Adelaide Road, Mount Barker
www.ahfdental.com.au

Mount Barker Dental Centre

Phone.....08 8391 1655
 Albert Place, Mount Barker
www.happychomper.com.au

Mount Barker Dentists

Phone.....08 8391 0277
 Victoria Crescent, Mount Barker
www.mtbarkerdentists.com.au

Dentalcare Mount Barker

Phone.....08 8391 1252
 Walker Street, Mount Barker
www.dentalcaremtbarker.com.au

STRATHALBYN

Strathalbyn Dental

Phone.....08 8536 2147
 South Terrace, Strathalbyn
www.strathalbyndental.com.au

MURRAY BRIDGE

Bridge Dental

Phone.....08 8532 2511
 Bridge Street, Murray Bridge
www.bridgedental.com.au

Murraylands Dental Care

Phone.....08 8532 1666
 Adelaide Road, Murray Bridge
www.murraylandsdental.com.au

Riverview Dental Clinic

Phone.....08 8532 5700
 Standen Street, Murray Bridge

SA Dental Services

www.dental.sa.gov.au

Murray Bridge.....08 7117 4490

Beatty Terrace, Murray Bridge

Mount Barker.....08 8393 1555

Wellington Road, Mount Barker

Mount Barker Primary School.....08 8391 0858

Dumas Street, Mount Barker



Emergency numbers

Emergency Call - Any Phone 000
Emergency Call - Mobile Only 112
Emergency Call - Teletype 106
 Police, Fire or Ambulance. Tell operator what you need
 (police, fire or ambulance). Mobile phone users will need to
 advise of the town and state they are calling from. Wait to
 be connected.

Police

www.police.sa.gov.au
 Police Assistance Line 131 444
 Murray Bridge Station 08 8535 6020
 Mannum Station 08 8569 2211
 Taillem Bend Station 08 8572 4210
 Mount Barker Station 08 8398 1700
 Crime Stoppers 1800 333 000

Fire

MFS: www.mfs.sa.gov.au CFS: www.cfs.sa.gov.au
 Murray Bridge MFS 08 8532 2061
 Murray Bridge CFS 08 8532 1294
 Mannum CFS 08 8569 1556
 Callington CFS 08 8538 5000
 Taillem Bend CFS 08 8572 3770
 Bushfire Hotline 1300 362 361

Ambulance

www.saambulance.sa.gov.au
 Non-Urgent Enquiries 1300 13 62 72

Asking for help
 is never a sign
 of weakness.
 It is one of the
 bravest things
 you can do and it
 can save your life.

Lily Collins



Medical health

HOSPITALS

Flinders Medical Centre

Phone.....08 8204 5511
Flinders Avenue, Bedford Park

Mannum District Hospital

Phone.....08 8569 0200
Parker Street, Mannum

Meningie & Districts Memorial Hospital

Phone.....08 8575 2777
South Terrace, Meningie

Mount Barker District Soldiers Memorial Hospital

Phone.....08 8393 1777
Wellington Road, Mount Barker

Murray Bridge Soldiers Memorial Hospital

Phone.....08 8535 6777
Swanport Road, Murray Bridge

Royal Adelaide Hospital

Phone.....08 7074 0000
Port Road, Adelaide

Strathalbyn & District Health Service

Phone.....08 8536 5333
Alfred Place, Strathalbyn

Tailem Bend District Hospital

Phone.....08 8572 5800
Princes Highway, Tailem Bend

Women's & Children's Hospital

Phone.....08 8161 7000
King William Road, Adelaide

MEDICAL CLINICS

Mannum

Mannum Medical Centre08 8569 0222

Mount Barker

Mount Barker Clinic.....08 8391 0699
Mount Barker Medical Clinic08 8391 1300

Murray Bridge

Bridge Clinic.....08 8539 3232
Bridgeview Family Practice08 8532 2536
Murray Bridge Day Night Surgery.....08 8531 2988
Southside Clinic08 8531 5700

Strathalbyn

Strathalbyn Family Medical Centre08 8536 4466
Strathalbyn Medical Clinic.....08 8536 2277

Tailem Bend

Murraylands Medical Centre.....08 8572 5897



Medical health

OTHER MEDICAL SERVICES

Country Health Connect Murray Mallee Community Health Service

Mannum08 8569 0200
 Murray Bridge.....08 8535 6800
 Tailem Bend.....08 8572 5805
 Diabetic education, podiatry, speech pathology, women's health, early childhood health, dietetics, occupational therapy etc.

Health Direct (24hrs).....1800 022 222
www.healthdirect.gov.au
 Health advice line providing free, trusted health information.

Medicare (24hrs).....132 011

Murray Mallee General Practice Network

Phone.....08 8531 1303
 Murray Bridge
www.mmgnp.org.au
 Mental health support including headspace sites for youth, and alcohol and other drugs programs.

Poisons Information Centre

Phone.....13 11 26

**History will
 judge us by the
 difference we
 make in the
 everyday lives of
 children.**

Nelson Mandela



Counselling Services

GRIEF AND LOSS SUPPORT

Beyond Blue

Phone (24hrs).....1300 224 636
www.beyondblue.org.au

Lifeline

Phone (24hrs)..... 13 11 14
www.lifeline.org.au

Red Nose Grief & Loss / SANDS

Phone (24hrs).....1300 308 307
www.rednosegriefandloss.org.au
www.sands.org.au
 Miscarriage, stillbirth and newborn death support.

Red Tree Foundation (Sids and Kids SA)

Phone (M-F 9am-4pm)08 8332 1066
www.sidsandkids.org
 Bereavement support to families who have experienced the sudden death of a child, regardless of cause.

Silent Ripples

Phone.....0417 741 888
www.silentripples.net
 Suicide bereavement support.

Standby Support After Suicide

Phone (24hrs).....1300 727 247
www.standbysupport.com.au

GENERAL COUNSELLING

Cancer Council Helpline

Phone (M-F 9am-5pm) 13 11 20
www.cancersa.org.au

Child Adolescent Mental Health Service (CAMHS)

Murray Bridge.....08 8531 3901
 Mount Barker.....08 8391 3922
 Mental health service for children and adolescents 0-18 years.

Centacare Murray Bridge

Phone.....08 8215 6320
www.centacare.org.au
 Domestic violence service, family dispute resolution, general and financial counselling

Lifeline

Phone (24hrs) 13 11 14
www.lifeline.org.au

Lutheran Care

Phone..... 0490 660 158
 Murray Bridge
www.lutherancare.org.au
 Counselling services for individuals of all ages.

Murray Mallee Community Health Service

Phone..... 8535 6800
 Murray Bridge
 Grief & loss, Relationships, Separation, Anxiety & Stress

Regional Access

Phone (24hrs)1300 032 186
www.saregionalaccess.org.au
 Free online and phone counselling for regional, rural or remote South Australians 15 years and older.



Disability services

Autism SA 1300 288 476
www.autismsa.org.au/

Bridge Bowl 08 8531 0022
www.bridgebowl.com.au
 Disabled league competitions. Call centre for details.

Community Living Australia
 Murray Bridge 08 8536 5888
www.claust.com.au
 Providing a wide range of personalised, flexible services for children and adults living with disability.

Disability Gateway
 Phone (M-F 8am-8pm) 1800 643 787
www.disabilitygateway.gov.au
 Assisting all people with disability, their families and carers to locate and access services across Australia.

Disability SA
Murray Bridge 08 8535 6160
www.dhs.sa.gov.au/services/disability
 Services to people with intellectual disability or ASD.

Genuine Support Services Australia
Murray Bridge 08 8166 7577
www.genuinesupportservicesaustralia.com.au
 NDIS provider assisting with in-home and community support, and with respite and short-term accommodation assistance.

Guide Dogs SA & NT 1800 757 738
<https://sant.guidedogs.com.au>
 Supporting people of all ages, with different vision levels, to achieve freedom and independence.

Kudos Services 1800 931 190
www.kudosservices.com.au
 Early childhood partner for NDIS in South Australia, offering early childhood disability services for children aged 0-6. Based in Adelaide but servicing Murray and Mallee areas.

Lions Hearing Dogs Inc
 Mount Barker 08 8388 7836
www.lionshearingdogs.com.au
 Providing hearing dogs and training in their use to hearing impaired people throughout Australia.

Mission Australia 1800 931 543
www.missionaustralia.com.au
 Local Area Coordinator of NDIS, providing assistance to understand NDIS, develop a plan, and connect to support, services and activities in the community.

Murraylands Disability Services 08 8532 0702

Country Health Connect
Murray Mallee Community Health Service
 Mannum 08 8569 0200
 Murray Bridge 08 8535 6800
 Tailem Bend 08 8572 5805
 Diabetic education, podiatry, speech pathology, women's health, early childhood health, dietetics, occupational therapy etc.

Murray Bridge Special School 08 8532 5345
www.mbss.sa.edu.au
 Reception to Year 7 specialist education public school.



Disability services

MyTime 1800 889 997
www.mytime.net.au
Facilitated peer support for those caring for children with a disability, or other additional needs.

NDIS
Murray Bridge..... 1800 800 110
www.ndis.gov.au

Novita
Murray Bridge.....1300 668 482
www.novita.org.au/disability-services-in-murray-bridge
A one-stop-shop for therapy, family support, and the latest in assistive technology and equipment.

Riding for the Disabled..... 0435 793 314
Murray Bridge
www.rdas.org.au

Royal Society for the Blind.....1300 944 306
www.rsb.org.au

Skylight Mental Health
Head Office 08 8378 4100
Murray Bridge.....0488 102 095
www.skylight.org.au
Mental health services providing a range of different options including counselling and group activities, either self-funded or via NDIS.

Sureway.....1300 787 392
www.sureway.com.au
Disability employment service focusing on assisting you to find and maintain employment.

I don't need easy, I just need possible
Bethany Hamilton



Child Nutrition & Parenting Support

NUTRITION

**Australian Breastfeeding Association
Breastfeeding Helpline (24hrs)**.....1800 686 268
www.breastfeeding.asn.au

**Child and Family Health Service (CaFHS)
Parent Helpline (24hrs)**.....1300 364 100
New Appointments.....1300 733 606
www.cafhs.sa.gov.au

Free support for all children 0-5 years living in South Australia, including growth and developmental health checks, parent groups, assistance with sleep issues, wellbeing and parenting support.

**Country Health Connect -
Murray Mallee Community Health Service**
Mannum.....08 8569 0200
Murray Bridge.....08 8535 6800
Tailem Bend.....08 8572 5805
Support services for families including early childhood intervention, dietetics and nutrition.

Women's and Children's Hospital Nutrition Resources
http://www.wch.sa.gov.au/services/az/other/nutrition/nut_resources.html

PARENTING SUPPORT

Australian Multiple Birth Association
Phone.....1300 886 499
www.amba.org.au
Support for parents expecting twins or more, and resources for multiple birth families.

Parenting SA
Phone.....08 8303 1660
www.parenting.sa.gov.au
Parenting SA is a program of the SA Government providing parent guides covering a wide range of topics on raising children, as well as free parenting seminars and videos.

Raising Children Network
www.raisingchildren.net.au
Federal Government online resource providing information on a wide range of topics related to raising children. Well worth looking at!

Walk with Wings
Phone.....0415 041 844
www.walkwithwings.org
Supporting premature babies, and families who have had to say goodbye prematurely.

POSTNATAL DEPRESSION

Beyond Blue (24hrs)1300 224 636
www.beyondblue.org.au

Lifeline 13 11 14
www.lifeline.org.au

Perinatal Anxiety & Depression Australia
Phone.....1300 726 306
www.panda.org.au



Pregnancy support

SUPPORT SERVICES

Birthline

Phone.....1300 655 156
www.birthline.org.au

Child and Family Health Service (CaFHS)

Parent Helpline (24hrs)..... 1300 364 100
 New Appointments.....1300 733 606
www.cafhs.sa.gov.au
 Walker Avenue, Mannum
 Victoria Crescent, Mt Barker
 West Terrace, Murray Bridge

Miracle Babies Foundation

Phone (24hrs).....1300 622 243
www.miraclebabies.org.au
 Offering free support through a high risk pregnancy, premature birth and the journey from newborn intensive care or special care, as well as the transition to home and onwards.

Pregnancy, Birth and Baby

Phone (7am-Midnight).....1800 882 436
www.pregnancybirthbaby.org.au

Pregnancy Help Australia

Phone.....1300 139 313
www.pregnancyhelpaustralia.org.au

Pregnancy SA Infoline

Phone (M-F 9am-4pm).....1300 368 820

CHILDBIRTH EDUCATION

Mount Barker District Soldiers Memorial Hospital

Phone..... 08 8393 1777
 Childbirth and parenting classes are conducted as well as a community midwifery service. A midwife can visit you at home to support you after the birth of your baby.

Murray Bridge Soldiers Memorial Hospital

Phone..... 08 8535 6777
 Offering a Midwifery Group Practice service which includes antenatal, labour, birth and postnatal care by the same midwife for all families. Book in as early in your pregnancy as you can. Child birth classes include a series of classes online and face to face led by midwives and guest speakers.

Tumake Tinyeri Aboriginal Birthing Program

Phone.....08 8535 6812
 Mobile..... 0467 734 614
 Antenatal, labour, birth and postnatal care for Aboriginal Families via Murray Bridge Soldiers Memorial Hospital.

SUBSTANCE QUITTING SUPPORT

Drug & Alcohol Information Service

Phone (8.30am - 10.00pm) 1300 13 1340

Quitline

Phone.....13 78 48
www.quit.org.au
www.besmokefree.com.au (SA)



Family Support

1800RESPECT (24hrs).....1800 737 732
www.1800respect.org.au
National domestic, family and sexual violence counselling service.

ac.care
Murray Bridge.....08 8531 4900
www.accare.org.au
Programs include Aboriginal Services, Foster Care, Family Support, Homelessness Services, Financial Counselling, Reconnect and Communities for Children.

Affordable SA.....1800 025 539
www.affordablesa.com.au
Information on resources and services available in SA to make life more affordable.

Beyond Blue (24hrs)1300 224 636
www.beyondblue.org.au

Cancer Council Helpline 13 11 20
www.cancer.org.au

Centacare Murray Bridge
Phone.....08 8215 6320
www.centacare.org.au
Domestic violence service, family dispute resolution, general and financial counselling.

Centrelink Families Line136 150
www.servicesaustralia.gov.au/centrelink

Child Adolescent Mental Health Service
Murray Bridge.....08 8531 3901
Mount Barker08 8391 3922
Mental health service for children and adolescents 0-18 years.

Child and Family Health Service (CaFHS)
Parent Helpline (24hrs)..... 1300 364 100
New Appointments.....1300 733 606
www.cafhs.sa.gov.au
Walker Avenue, Mannum
Victoria Crescent, Mt Barker
West Terrace, Murray Bridge

Community Living Australia.....08 8536 5888
Murray Bridge, Strathalbyn, Mount Barker
www.claust.com.au
Supporting people with disabilities to live better lives.

Country Health Connect
Murray Mallee Community Health Service
Mannum08 8569 0200
Murray Bridge.....08 8535 6800
Tailem Bend08 8572 5805
Diabetic education, podiatry, speech pathology, women's health, early childhood health, dietetics, occupational therapy etc.

Country Life Compassion
Strathalbyn..... 08 7511 7212
www.clcompassion.org.au
Service providing The Pantry Club, emergency relief hampers, no interest loan scheme, crisis care finance, budgeting assistance.



Family Support

DayBreak

www.hellosundaymorning.org/daybreak
 Free alcohol support app available through Apple App Store or Google Play.

Department for Child Protection

Freecall (M-F 9am-5pm)1800 330 042
 Murray Bridge.....08 8535 6200
 Mount Barker 08 7424 7888
 Primary concern is the protection of children.

Department for Child Protection Crisis Care

After Hours Phone..... 13 16 11
 (M-F 4pm-9am; Weekends & Public Holidays 24hrs)

Domestic Violence Crisis Line (24hrs) 1800 800 098

Drug & Alcohol Information Service

Phone (8.30am - 10.00pm)..... 1300 13 1340

Family Drug Support

Phone (24hrs)..... 1300 368 186
www.fds.org.au
 Providing up to date information on all aspects of alcohol and drug use relative to the families of people who use substances.

Gambling Help Service - Relationships Australia

Phone.....1800 934 196
www.rasa.org.au
www.gamblinghelpsa.org.au
 Help and support for people with gambling problems, and their families.

GROW Australia.....1800 558 268

www.grow.org.au
 Mental health program based on a 12-step program of personal growth of mutual help and support.

Healthdirect (24hrs)1800 022 222

www.healthdirect.gov.au
 Health advice line providing free, trusted health information.

Headspace

Murray Bridge.....08 8531 2122
 Mount Barker.....08 8398 4262
www.headspace.org.au
 One-stop-shop for young people who need help with mental health, physical health (including sexual health), alcohol and other drugs or work and study support.

Into jobs1300 11 5627

www.intojobs.com.au (workforce Australia)

iReach.....08 85311 303

www.ireach.org.au
 Addressing gaps in health service provision. Mental health, headspace sites, Alcohol and Drug services, Chronic Pain

Kids & Youth Helpline (24hrs) 1800 551 800

www.kidshelpline.com.au

Legal Helpline (24hrs)1300 366 424

www.lsc.sa.gov.au
 Legal Services Commission (free legal advice).

Lifeline (24hrs)..... 13 11 14

www.lifeline.org.au



Family Support

Lutheran Care

Phone..... 0490 660 158
Murray Bridge
www.lutherancare.org.au
Counselling services for individuals of all ages.

Mid Murray Support Service Inc

Mannum 08 8569 2129
www.mmss.com.au
Respite, shopping, transport, home help, social support.

Mission Australia

SA State Office..... 08 8218 2800
www.missionaustralia.com.au
Services for homelessness, mental health, drug and alcohol issues, disability, employment.

Neami National

Murray Bridge..... 08 8531 2395
www.neaminational.org.au
Community-based mental health service, referrals to be made via Murray Mallee Community Health Service.

QLife (3pm-Midnight)

..... 1800 184 527
www qlife.org.au
Australia-wide anonymous, LGBTI peer support and referral for people wanting to talk about a range of issues including sexuality, identity, gender, bodies, feelings or relationships.

Royal Society for the Blind

..... 1300 944 306
www.rsb.org.au
Providing services to Australians with a severe vision impairment.

Salvation Army - Doorways Community Support

Murray Bridge..... 08 8130 6188
www.salvationarmy.org.au/murraybridge/
Financial counselling and assistance with food and other basic needs by appointment.

St Vincent De Paul Society

Phone..... 1300 729 202
www.vinnies.org.au
Assistance hotline for food, clothing, furniture, financial counselling and emergency funds.

Silent Ripples Suicide Support Group

Phone..... 0417 741 888
www.silentripples.net
A support group that provides support to families and friends affected by the loss of a loved one through suicide.

Sureway

..... 1300 787 392
www.sureway.com.au
Sureway provides employment support through job active and Disability Employment Services in Murray Bridge

Teen Challenge South Australia

..... 08 8165 5399
www.teenchallengesa.com
12-month residential substance abuse rehabilitation program for men 18+ based in Strathalbyn.

The Station Youth Centre

Murray Bridge..... 08 8539 1157
www.murraybridge.sa.gov.au/services/your-community/services-for-the-community/youth/thestation
Centre for youth aged 12 to 25 to get involved in positive fun activities while meeting other young people from the area.



Family Support

Uniting Communities 1800 615 677
www.unitingcommunities.org

Victim Support Service 1800 842 846
www.victimsa.org
 Counselling advice and support for victims of crime.

Women's Information Service 1800 188 158
www.officeforwomen.sa.gov.au/wis
 Provides information to South Australian women online, over the phone and in person. They aim to increase access to information that promotes choice and empowerment.

ACCOMMODATION SUPPORT

Housing SA
Murray Bridge 131 299
www.housing.sa.gov.au
 Provides public and emergency housing, private rental assistance including bond and rent payments (subject to criteria).

Murraylands Homelessness Service (ac.care)
Murray Bridge 08 8531 4900
www.accare.org.au/services/homelessness
 Providing support and assistance for people aged 16 - 65 years who are homeless or at risk of homelessness.

AFTER HOURS ASSISTANCE

Homeless Connect SA 1800 003 308
Youth Homelessness Gateway 1800 807 364

LOCAL COMMUNITY CENTRES

Mid Murray Support Service 08 8569 1832
 The Hub, Mannum
 Provides educational and social programs / services for the local community for all ages. Call for a current list of programs and services.

Murray Bridge Community Centre 08 8531 1799
www.murraybridgecommunitycentre.com.au
 Offering a range of services from short courses, social events, community garden and activities as well as assistance with mental health, legal or financial matters and support if you are experiencing homelessness or domestic violence.

Tailem Bend Community Centre 08 8572 3513
www.tbcc.org.au
 Provides social and educational services for the local community for all ages. Call or visit website for a current list of programs.

LOCAL INFORMATION CENTRES

Mannum Visitor Information Centre
 Phone 08 8569 1303
 Freecall (Landlines) 1300 626 686

Murray Bridge Visitor Information Centre
 Phone 08 8539 1142

Tailem Bend Visitor Information Centre
 Phone 08 8572 4277



Other services

1800RESPECT (24hrs).....1800 737 732
www.1800respect.org.au

Beyond Blue (24hrs)1300 224 636
www.beyondblue.org.au

CAFHS Parent Helpline (24hrs) 1300 364 100

Child Abuse Report Line (24hrs) 131 478

Crisis Care (24hrs)131 611

Department of Home Affairs.....131 881

Domestic Violence Crisis Line (24hrs) 1800 800 098

Drug & Alcohol Information Service
Phone (8.30am - 10.00pm) 1300 13 1340

Gambling Helpline..... 1800 858 858
www.gamblinghelponline.org.au

Healthdirect (24hrs)1800 022 222
www.healthdirect.gov.au

Kids & Youth Helpline (24hrs) 1800 551 800
www.kidshelpline.com.au
Lifeline (24hrs) 13 11 14

www.lifeline.org.au
Mensline Australia (24hrs) 1300 789 978
www.mensline.org.au

Mensline Australia 1300 789 978

Mental Health Triage Service (24hrs)..... 13 14 65

Poisons Information Centre (24hrs)13 11 26

SA Power Networks Outage131 366
www.sapowernetworks.com.au

SA Water 1300 729 283
www.sawater.com.au

SES132 500
www.ses.sa.gov.au

Suicide Call Back Service (24hrs)..... 1300 659 467
www.suicidecallbackservice.org.au

**Believe in your
children, and they
will believe in
themselves, too**

Vicki Reece



Communities for Children Murraylands

WHO ARE WE?

ac.care in Murray Bridge facilitates the Communities for Children program in the Murraylands area, which works to ensure that children have the best start in life. This program is funded by the Australian Government Department of Social Services.

Communities for Children Murraylands works in collaboration with our community partners, committee, key stakeholders and families to deliver positive and sustainable outcomes for children and families in the areas of the Rural City of Murray Bridge including Callington, and the Mid Murray and Coorong regions.

Communities for Children Murraylands focuses on targeted early intervention approaches that bring about positive outcomes for young children and their families.

Some examples of programs and events that have been delivered by **Communities for Children Murraylands** are:

- Callington:** Playgroup, Community Events, School Holiday Activities, Parenting Programs, Seasons for Growth
- Mannum:** Parent-Child Mother Goose, Community Events, School Holiday Activities, DRUMBEAT & Seasons for Growth
- Tailem Bend:** Community Events, School Holiday Activities, DRUMBEAT, Parenting Programs & Parent-Child Mother Goose
- Murray Bridge:** Parenting Programs, Community Events, School Holiday Activities, Seasons for Growth, Parent-Child Mother Goose

Communities for Children Murraylands also support local community events and much, much more ...



Communities for Children Murraylands

Our vision is to create a community where all children feel supported, respected and encouraged to develop to their full potential



Child Safe Murraylands

A Child Safe Murraylands is a child-friendly city that is the embodiment of the Convention on the Rights of the Child, and at a local level children's rights are reflected in policies, laws, programs and budgets. In a child-friendly city, children are active agents, and their voices and opinions are taken into consideration and influence decision-making processes.



Early Years Development; Health and Wellbeing of a Child

The aim of this priority is to promote the importance of play in the context of early childhood development and children's learning. We want parents to have access to a wide range of information about early years development and services available in the community. We want to foster healthy relationships between parent/carer and child through secure attachment.



Engaged Parents and Communities

Creating connections and pathways for families and individuals to build stronger communities, and provide parenting supports and learning to assist in the development of healthy, positive parent-child interactions.



Collaborative Learning and Development

The aim of this activity will be to increase the knowledge of community resources and appropriate services at each point of contact for families with young children, so families can gain the support and encouragement they need to link with service providers or to seek informal networks.



Embracing Diversity

The aim of this activity will be to further embrace the diverse cultures of people living in the Murraylands and continue to demonstrate inclusive practices and champion diversity.



Communities for Children Murraylands

Every child (a child is defined as being a human being under the age of eighteen years) has the right to live in a safe and welcoming environment where they are valued as individuals and given the opportunity to develop to their full potential.

This means that...

Parents, Grandparents and Caregivers are encouraged to:

- Treat children well and care for them
- Act as a good role model, promoting positive behaviour
- Provide a safe environment that is free from sexual, physical and emotional harm
- Engage in activities with children in their family, neighbourhood and care
- Talk with children about their family history
- Teach children to show respect for others in the community, especially regarding areas of culture, gender, religion, sexuality and disability
- Enjoy their children and spend time with them

The Community are encouraged to:

("Community" includes businesses, service organisations, service providers, schools, community groups, governments and community members)

- Provide families with access to resources to enable them to properly care for their children
- Offer safe access to and areas for children to play and learn
- Ensure that adequate facilities are available for parents and carers of young children (including feeding/changing areas, playgrounds, open spaces and learning environments)
- Value children and demonstrate their practical commitment to advancing the wellbeing of children and families in the community
- Acknowledge the capacity of children and young people to learn, grow and develop into well balanced adults

Children are the future of our community - together we can make a difference.





NOMINATIONS OPEN
FROM DECEMBER 1 TO MARCH 31 EACH YEAR



'Family Friendly'

Business Awards

Recognising Safe, Secure and Supportive Services

Have you recently encountered a 'Child Friendly' business or service in the Murraylands that you feel deserves recognition?

Did the service or business go above and beyond to support your family?

If so, please let us know about your experience so that they can be nominated for an award.
Contact the Tailem Bend Community Centre on 08 8572 3513.





COMMUNITIES FOR CHILDREN

Murraylands
ac.care

opportunities for life ... for country people
est. 1988



Produced by Communities for Children Murraylands
Funded by the Australian Government Department of Social Services
Facilitated in Murray Bridge by ac.care

ac.care
29 Bridge Street
Murray Bridge SA 5253
Phone (08) 8531 4900

Anglican Community Care Inc | ABN 53 440 436 445 | Charity Licence CP1186
Web: www.accare.org.au | Email: CommunitiesForChildren@accare.org.au
Facebook: www.facebook.com/groups/286552820284149/

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